



The
Down Syndrome
Medical Interest
Group

Annual Winter Meeting November 23rd 2023

Time	Event
9.00	Registration and coffee
09.30-11.15	Members meeting (DSMIG MEMBERS ONLY)
09.30	AGM
10.00	Case discussion – members’ problem cases, recent queries handled by the DSMIG team
11.15	Coffee Break
11.40-4.30	Open meeting – welcome from chair Dr Jill Ellis, Consultant Community Paediatrician
11.45	Common Haematological Conditions in Down Syndrome , Dr Neha Bhatnagar, Consultant Paediatric Haematologist, Oxford University Hospital
12.30	Endocrine Disorders and propensity to obesity and diabetes in Down syndrome , Dr Li Chan, Consultant Paediatric Endocrinologist, Queen Mary University London & Barts Health
1.15	Lunch
2.00	Regression and Down Syndrome , Dr Shahid Zaman, Consultant Psychiatrist and Neuroscientist, University of Cambridge
2.40	Delivering the news - Parental experiences of a postnatal diagnosis Fiona Mc Grane, Clinical Nurse Specialist in Down syndrome, Children’s Health Ireland, Tallaght University Hospital, Dublin
3.20	Coffee break
3.35-4.30	Current Research, Audit and Guidelines Update
3.35	The cumulative incidence of chronic health conditions up to age 14 in children with DS: a birth chart study using hospital admission data for England , Julia Shumway, PhD research student, Institute of Child Health, London
4.00	Preliminary findings from the REST-Ed study , Emma Carruthers, Senior Respiratory and Sleep Clinical Physiologist, Edinburgh
4.25	Closing remarks by Chair, Dr Jill Ellis, Consultant Community Paediatrician
4.30	Close

Fee: £ 120 (£60 Trainees/ allied health professionals/ Students)

RCPCH approval for CPD applied for.

For further information about registration please contact:

Email: info@dsmig.org.uk

To become a member of DSMIG please go to our website:

www.dsmig.org.uk

Directions to the RCPCH (5-11 Theobald's Road, London WC1X 8SH)

Please go to <https://www.rcpch.ac.uk/contact-us/how-get-our-london-office> or <https://tfl.gov.uk/plan-a-journey/>

About DSMIG:

DSMIG is a registered charity. It is a network of healthcare professionals, mainly from the UK and Republic of Ireland. The group holds meetings twice a year – one at the RCPCH Annual Conference and a second meeting that is usually held in London. The aim of the group is to share and disseminate information about the medical aspects of Down syndrome and to promote interest in the specialist management of the syndrome.

We do this by:

- Offering advice through our information service about the medical aspects of Down syndrome, and about some aspects of individual local medical services in the UK
- Maintaining a website: www.dsmig.org.uk
- Holding members' meetings and open symposia twice each year, each with a focus on one or two medical issues, models of service provision, research in the field and opportunities for confidential case discussion
- Developing and maintaining guidelines on best medical practice
- Producing materials to support the provision of health care for individuals with Down syndrome including PCHR inserts and Down Syndrome Growth Charts

Aims of meeting:

Our Winter Academic Meeting meeting is being held at the RCPCH, Holborn, London on Thursday 23rd November 2023. It will follow our usual format with the meeting being divided into 2 sections:

- Members' meeting – is for DSMIG members only includes our AGM, business meeting and case discussions
- Open meeting – as detailed in the programme above

Learning Objectives

- Members attending the Member's meeting will have the opportunity to bring cases for interactive discussion, for peer review, to share learning or to seek advice on diagnostic or treatment dilemmas in a safe and confidential environment.
- Delegates to the main meeting will hear a series of presentations by experts working with children with Down syndrome in their specialist field as well as hearing about the latest research.
- This November, our delegates will leave the Academic Meeting with an increased knowledge of common haematological conditions (including Transient Abnormal Myelopoiesis); endocrine issues (and propensity to obesity and diabetes); regression as well as parental experiences of postnatal diagnosis.

Who Should Come?

The Open meeting is for health and associated professionals working in the field of Down Syndrome including :

- Paediatricians
- Learning disability nurses and doctors

- Information officers /advisors from Parent support organisations
- Health visitors
- School or other children's nurses
- Therapists
- GPs
- Other professionals and researchers supporting people with Down Syndrome